All For You

CHOREO: Rey & Sherry Garza (760) 458-6418
MUSIC: Lo Arriesgo Todo Artist: Bruno Mars Track #1 Length: 3:24 Speed Tempo to 10% 49.5 MPM Suggested. Music from Amazon.com.
FOOTWORK: Opposite (Woman in parenthesis)
RHYTHM: Rumba Phase 6
SEQUENCE: Intro-ABC-BMod-Ending Released 11/15/2026

INTRO

1-8 LEFT OPEN FACING WALL; CURL; FAN; HOCKEY STICK;; ALEMANA; TO LOOSE CP WALL; TWO SLOW HIP ROCKS;

1 **[Starting POS]** LOP fcg WALL with ld feet free ld hnds connected trail arms extended to sd;
2 **[Curl]** Fwd L, rec R, raise ld hnds with left sd stretch ld W fwd cl L to R, - *(Bk R, rec L under ld hnds, fwd R with ¾ LF spiral, -);*
3 **[Fan]** Bk R, rec L, sd R, - *(Fwd L, fwd R spiral ½ LF, sd & bk L, -);*
4-5 **[Hockey Stick]** Ld W to cl her ft fwd L, rec R, cl L to R, -; Bk R raise ld hnds ldg W to a LF spiral, rec L, sd & fwd R, - (*Cl R to L, fwd L, fwd R, -; Fwd L, fwd R spiral ¾ LF under ld hnds fc DLC, bk & sd L, -)* end LOP fcg DRW;
6-7 **[Alemana]** Fwd L, rec R, small sd L ldg W to trn RF to fc ptr & COH, -; Bk R, rec L, cl R to L, - (*Cl R to L, fwd L, fwd R trn 1/4 RF to fc ptr & COH, -; Undr jnd ld hnds fwd L start a full RF trn, fwd R cont RF trn, small sd & fwd L,* -) blend to loose CP WALL;
8 **[Hip Rocks]** Sd rk L, -, sd rk R, - (Sd rk R, -, sd rk L, -);

PART A

1-8 START A CROSS BODY INTO; STOP AND GO ENDING; ADVANCE ALEMANA; TO FACE WALL; BREAK BACK; FORWARD 4; TO LOD AIDA; SWITCH CROSS;

1 **[Start X Bdy]** Fwd L, rec R, sd L trng ¼ LF, - (*Bk R, rec L, fwd R,* -); End in an L shape Man fcg LOD W fcg COH;
2 **[Stop & Go Ending]** Stopping W fwd progress turn upper bdy RF fwd R ck in front of L trng to look at W raise trail hnds up & sd, rec L raise ld hnds, sd R, - (*Bk L into a sit line, rec R, fwd L trng ½ RF under jnd ld hnds to fc WALL,* -) to end in Fan Pos with M fcg LOD;
3-4 **[Advance Alemana]** Fwd L, rec R start a ¼ RF trn, sd L cont RF trn, -; Bk R bhnd L, sd L comp RF trn, sd R, - (*Cl R to L, fwd L, fwd R swvl RF to fc M, -; Fwd L trn RF under jnd ld hds, fwd R cont RF trn, fwd L cont RF trn to fc M,* -) end in BFLY/WALL;
5 **[Break Bk]** Swvl LF on R step bk L, fwd R, fwd L, - (*Swvl RF on L step bk R, fwd L, fwd R,* -);
6 **[Fwd 4]** Follow the guitar notes fwd R, L, R, L (Fwd L, R, L, R);
7 **[Aida]** To LOD fwd R, fwd L spiral RF ½, bk R, - (*Fwd L, fwd R spiral ½ LF, bk L,* -) end V bk to bk fwd RLOD;
8 **[Switch X]** Bringing ld arms bk step sd L fc ptr & WLL, rec R, XLIF of R, - (*Sd R fc ptr & COH, rec L, XRIF of L,* -);

9-16 TO REV VINE 4; CUCARACHA CROSS; TO LOD SIDEWALK 3; FENCE LINE IN 4; TO LOD SPOT TURN; NEW YORKER; UNDERARM TURN; LOWER AND POINT HOLD;

9 **[Vine 4]** Dance step to guitar notes twd rev LOD sd R, XLIB of R, sd R, XLIF of R (*Sd L, XRIB of L, sd L, XRIF of L*);
10 **[Cucaracha X]** Sd R, rec L, XRIF of L, - (*Sd L, rec R, XLIF of R,* -) end BFLY WALL;
11 **[Sdwlk 3]** To LOD sd L, cl R to L, sd L, - (*Sd R, cl L to R, sd R,* -);
12 **[Fence Line 4]** To LOD X lunge R in frnt of L, rec L, sd R, rec L (*X lunge L in front of R, rec R, sd L, rec R*);
13 **[Spot Trn]** Swvl ¼ LF on L fwd R twd LOD trn ¼ LF, rec L trn ½ LF to fc ptr & WLL, sd R, - (*Swvl RF on R fwd L twd LOD trn ¼ RF, rec R trn ½ RF to fc ptr & COH, sd L,* -);

14 **[New Yorker]** Swvl RF on R ck thru L, rec R swvl LF to fc ptr, sd L, - (*Swvl LF on L ck thru R, rec L swvl RF to fc ptr, sd R,* -);

15 **[Underarm Trn]** Bk R trng bdy slightly RF under ld hnds ldg W to comm RF under arm trn, rec L, sd R, - (*Swvl ¼ RF on R ft fwd L trng ½ RF under jnd ld hnds, rec R trng ¼ RF to fc, sd L,* -) end fcg ptr & WALL;

16 **[Lower Point Hold]** Lower on trail ft, pt ld ft twd LOD extend connected ld hnds twd LOD & unconnected trail hnds twd RLOD, -, -;

PART B

1-8 3 ALEMANAS;;; INTO; ROPE SPIN;; SHOULDER TO SHOULDER; TWICE;

1-4 **[3 Alemanas]** Fwd L, rec R, sd & bk L raise lead hands, - (*Bk R, fwd L, fwd R to fc ptr,* -); Raise ld hns bk R, rec L, cl R, - (*Fwd L under ld hnds trn ½ RF, fwd R trn ½ RF, fwd L trn ¾ RF,* -) end in partial wrap fcg DW; Ld W fwd to spiral sd L, rec R, cl L, - (*Fwd R spiral LF, small step fwd L cont LF trn, fwd R to M L sd,* -); Raise ld hnds bk R, rec L, cl R to L ld W to spiral RF, - (*Fwd L under lead hands trn ½ RF, fwd R trn 3/8 RF, fwd L spiral 7/8 RF on M's R sd,* -);

5-6 **[Rope Spin]** Sd L, rec R, cl L,- (*Circle CW around M fwd R, L, R,* -); Bk R, rec L, sd R, - (*Cont circle around M fwd L, R, sd L to fc M,* -) end BFLY WALL;

7-8 **[Shoulder To Shoulder X2]** Fwd L to BFLY SDCAR, rec R to fc, sd L,-; Fwd R to BFLY BJO, rec L to fc, sd R, - (*Bk R, rec L to fc, sd R, -; Bk L, rec R to fc, sd L,* -) end in LOP fcg ptr & WALL;

9-16 START 3 – 3'S; 2 MEAS; ADVANCE OPEN SLIDING DOOR;; FINISH 3 -3'S; TO CUDDLE POSITION; CUDDLE TWICE; BLEND TO CP;

9-10 **[3 3's Interrupted]** Fwd L, rec R, cl L rel ld hnds, - (*Bk R, rec fwd L, fwd R swvl 1/2 RF to SHDW WALL,* -); Hnds on W's shoulders bk R, rec L, cl R ld lady spin LF full trn, -(*In place L, R, L spin full LF trn,* -) end in SHDW WALL;

11-12 **[Adv Op Sliding Door]** Fwd L on ball of ft trng body RF 1/8 L arm up and fwd R arm up & out, rec R with 1/8 body trn to L bring arms out at shoulder level, XLib R with 1/8 body trn L, - *(Bk R with 1/8 body trn to R, rec L fc WALL, hip twist 1/8 to L fwd and sd R trng to fc WALL, -)* ; Sd R, rec L with 1/8 body trn to L, fwd R trng to fc WALL, - *(Sd L, rec R trng body 1/8 to L, XLib R trng to fc WALL, -)*;

13-14 **[Finish 3 3's]** No hds tchg fwd & sd L, rec bk R, bk L, -(*Bk R, rec fwd L, fwd R trn 1/2 rf fc ptr,* -); Bk R, rec fwd L, cl R to L, - (*Fwd L trn RF 1/2, fwd R trn RF 1/2 fc ptr, fwd L fc ptr & COH,* -) blend to CUDDLE POSITION with Man's arms embracing ptr under her arms;

15-16 **[Cuddles]** Push with L sd of upper bdy trng slightly RF sd L, rec R, cl L, - (*Trn RF on L rk bk R In M's R arm to fc DW, rec L to fc ptr, sd R to momentary cuddle pos,* -); Push with L sd of upper bdy trng slightly LF sd R, rec L, cl R, - (*Trn LF on R rk bk L in M's L arm to fc DRW, rec R to fc ptr, sd L,* -) blend to CP fcg ptr & WALL;

PART C

1-6 CIRCULAR HIP TWISTS;;; TO FAN; STOP & GO HOCKEY STICK;;

1 **[Circular Hip Twists]** Fwd L, rec R, XLIB of R, - (*Swvl on L step bk R trng 1/2 RF, rec L start LF trn, fwd R outsd ptr completing 5/8 LF trn,* -);

2 Sd & bk R trng 1/8 LF trn ld W to swvl RF, XLIB of R, sd & bk R trng 1/8 LF trn ld W to swvl RF, - (Swvl RF 1/2 fwd L, swvl LF 1/2 fwd R, swvl RF 1/2 fwd L, -);

3 XLIB of R trng LF ld W to swvl LF, sd & bk R trng LF ld W to swvl RF, cl L to R ld W to swvl LF, - (Swvl LF 1/2 fwd R, swvl RF 1/2 fwd L, swvl LF 1/2 fwd R, -);

4 **[Fan]** Bk R, rec L, sd R, - *(Fwd L, fwd R spiral ½ LF, bk L leaving R ft fwd no weight, -)*;

Part C continued

5-6 **[Stop & Go Hockey Stick]** Fwd L, rec R raise ld hnds ld W to LF under trn, cl L to R, -; Ck fwd R with L sd stretch fc ptr extend trail arm up, rec L raise ld hnds ld W to a RF under arm trn, cl R to L, - *(Cl R, fwd L, fwd R trn LF ½ under ld hnds to end at M's R sd, -; Ck bk L raise trail arm up, rec R, fwd L trng ½ RF under ld hnds end in FAN POS, -)*;

7-10 SYNC ROCK 6 INTO LADY SIDE CHA TO SHDW WALL MAN CLOSE SIDE;,, QUICK HIP ROCKS; LADY LEFT TURNING SUNBURST TO FACE MAN RECOVER CLOSE; SLOW CORTE & RECOVER;

7-8 **[Rk 6 Into Ldy Sd Cha]** Ck fwd L/rec R, ck bk L/rec R, ck fwd L/rec R, cl L to R/sd R *(Rk bk R/rec L, rk fwd R/rec L, rk bk R/rec L trng ¼ LF, sd R/cl L to R)* end in SHDW WALL; Hold weight on R, -, rk sd L, rk sd R *(Sd R, -, rk sd L, rk sd R)*;

9 **[Ldy To Fc]** Rec L guide W to trn LF, -, cl R to L, - *(Rec sd L trng LF to CP Wall, -, -, -)* W will bring arms down & up as W trns LF to fc ptr creating a SUNBURST with the arms then blend to CP WALL;

10 **[Corte & Rec]** Bk & sd L relax L knee, -, rec R, - *(Fwd & sd R relax R knee, -, rec L, -)*;

PART BMOD

1-8 3 ALEMANAS;;; INTO; ROPE SPIN;; START 3 – 3'S; 2 MEAS;

1-6 Repeat meas 1-6 of Part B;;;;; end ptr & WALL;

7-8 Repeat meas 9-10 of Part B;;

9-14 ADVANCE OPEN SLIDING DOOR;; FINISH 3 -3'S; TO CUDDLE; CUDDLE TWICE;;

11-16 Repeat meas 11-16 of Part B;;;;; stay in CUDDLE CP;

ENDING

1-5 2 SLOW HIP ROCKS TO LOOSE CP; LADY CURL TO SHDW MAN IN 2; SLOW SIDE TO SHDW FENCE LINE 3 SLOWS;; TO REVERSE QUICK FRONT VINE 4 TO OPEN WALL;

1 **[Hip Rks]** Still in CUDDLE embrace sd rk L, -, sd rk R, - blend to loose CP *(Sd rk R , -, sd rk L, -);*

2 **[Lady Curl Man In 2]** Fwd L, rec R, raise ld hnds with left sd extretch ld W fwd tch L to R, - *(Bk R, rec L, under ld hnds fwd R with ¾ LF spiral, -)* rel ld hnds connect L hnds blend to SHDW wall with W slightly to R sd of M;

3-4 **[Slw Sd To SHDW Fence Line]** Sd L, -, XRIF of L, -; Rec L, -, sd R, -; (Same ft work for W meas 3 thru 5);;;

5 **[Front Vine 4]** Letting W to slide to a OPEN WALL while dancing the vine 4 XLIF of R, sd R, XLIB of R, sd R end in OPEN jn trail hands Man take smaller steps;

6-8 CROSS CHECK, LADY ROLL BACK TO CLOSE; FOR A SLOW AROUND THE WORLD;;

6 **[Cross Ck Ldy Roll To CP]** XLIF of R, rec R, sd L, cl R *(XLIF of R, rec R start to roll LF/fwd L cont roll, sd R, cl L to R)* blend to an embrace with M's under W's shoulders;

7-8 **[Slow Around The World]** Standing straight & slightly bk sd L (R) flex L (R) knee lowering extending arms to let W to lay bk twd DW rotate RF slowly bring W around and Up to close embrace and kiss, -, -, -; transfer weight R (L), -, -, -;

Short Cues for All For You by: Rey & Sherry Garza

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