



Harvest Holiday 2007

Fly Me to the Moon

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Newsletter – Volume 47, Issue 9

www.harvestholiday.com

September 2007

Report on August 12, 2007 Fun Dance

32 dancers attended our August Fun Dance. 26 were members and we had 6 guests. Three cueing couples were on hand: Ron & Marilou Webb, Bob & Patsy Heath, and Christine & Theron Hixson. J. L. & Linda Pelton greeted guests at the door. Coffee and refreshments were managed and served by Sharon Hamner, Arlene Wallace, and Patsy Heath. Raffle sales were handled by John & Audrey Gayda. Arlene Wallace won a decorator Drip Coffeemaker donated by John & Leota Porter. Bill Rackley won a Ganderville Napkin Ring Set donated by John & Leota Porter. And Sharon Hamner won a Shower Radio donated by John & Leota Porter. Three Cheers for our winners and we're all winners as a lovely time was enjoyed by all.

Dances Cued at the August Fun Dance

Bob Cued:

No Walls, Cuando Me Enamoro, This is the Life, Just a Tango, Colours Rumba, Hello Memory, PA 6-5000, Sway for Me, El Reloj, Shamey, Shamey, Shame, And I Love You So

Ron Cued:

Beautiful Maria, Big Spender, Carnival, Samba de Ooh La La, Stier Tango, Afro Cubano, Lazy, Crazy Days, Send in the Clowns, Waltz in A Flat, Java Jive, Summer of Our Love, A Time for Love,

Christine Cued:

La Gloria, Nite Lites, Married, Stardust, You Raise Me Up, Abrazame, Sam's Song, Kansas City Baby, Memory Rumba (Rumble), Swan Lake, Fortuosity, There's A Time for Everything, Years May Come, Lover's Dance

More Good News

Many of the guests at Linda & J.L. Pelton's Wedding Celebration Dance have expressed to me how much they enjoyed that dance. We all had so much fun. Thank you to Linda & J. L. for sharing your joy with us. Congratulations to you both. Linda will have to change her email soon because she is now going by Linda Pelton.

NORTEX

The annual dancer Insurance Premium is due by 8/19/07. Dancers that paid Nortex dues through Harvest Holiday will need to pay \$2.50 per dancer.

We need up to 3 dancers to volunteer as Delegates to represent Harvest Holiday at the Quarterly Nortex Meetings.

Please contact Bill Rackley to pay your insurance dues and to volunteer as a Nortex Delegate.

Upcoming Fun Dance II

This dance will be a Nortex Prelude "Route 66" Dance with all request dances. All attending cuers will be invited to cue. So put your dancing shoes on and meet us at Swingtime on September 30 at 2:00 P.M.

Education Spot

Harold & Meredith Sears of Boulder, Colorado have given our Harvest Holiday Newsletter permission to print a quotation from their very useful web site. To see the site, go to www.rounddancing.net/dance. This selection comes from the beginning of the article entitled "Body Sway." To read the full article go to the front page of the website mentioned above.

“(Another) example of dance styling is body sway. Sway is inclination of the body to the right or to the left. We walk with our bodies straight up and down, but often we dance with our bodies inclined or tilted one way or the other. We have returned yet again to the idea of using diagonals in our dancing, rather than straight lines. So much of dancing is the creation of graceful and attractive lines in our bodies and in our progression around the floor. Consider that engineering drawings are full of verticals, horizontals, straight lines, and ninety-degree angles,

but fine art and nature itself is all slopes and curves.

We create body sway through the use of side stretch. Stretch your right side and you sway left, but don't collapse your left side. Don't drop your left shoulder or raise the right shoulder. Involve the entire right side of the torso. One teacher once told us to try and inflate the right lung a little more than the left. Surely I can't really do that, but it does feel a little like it. Of course, left side stretch produces right sway.

One thing that we use sway for is to make turns more comfortably; we try to sway into turns much as you would bank a bicycle around a corner. We've recently been working on Viennese Turns. As you turn left, use a little right-side stretch (women left-side) to improve your balance and to make the turn more easily. In Viennese Waltz, which moves about twice as fast as standard waltz, sway makes an even greater difference. Step forward on your left turning left-face, side with the right, and sort of throw that right side down the line. The result is quite pronounced left sway to reverse, and you'll lock in front in an especially pleasing contra-body position that uses both body sway and side lead to create both attractive and comfortable body lines: first the man's right side down line, then the left, then the right, always swaying to reverse. Try this on your practice floor, and then dance a phase I or II "turn left, side, lock" with your body straight up and down and your belly button pointing to reverse. The use of sway takes a frantic and clunky figure and makes it seem slow and easy.

NOTE: To receive this free newsletter or to send information for inclusion in the newsletter, email Melanie Gustafson at: MelanieG991@sbcglobal.net

Harvest Holiday Club Reports

Dance, Dance, Dance (Phase 4-5-6-)	Ron and Marilou Webb
Thursday, 6:15-9:00 pm	La Gloria, Bye Bye Mambo, Send in the
Timber Ridge Recreation Center, North Dallas	Clowns, You Bug Me Baby
Merry Rounders (Phase 4-5-6-)	Ron and Marilou Webb
Monday, 7:00-9:30	The Summer of Our Love, Send in the Clowns,
Arlington Senior Center	La Gloria, Nobody But Me
Rainbow Rounds (Phase 3-4-5)	Bob and Patsy Heath
Wednesday, 7:00-9:15 pm	Serenade III & V, While You Danced, Arriba,
Swingtime Center, Fort Worth	Years May Come, Tea for Two
Ramblin' Rounds (Phase -3-4+)	Theron and Christine Hixson
Tuesday, 7:30-9:30 pm	There's A Time for Everything, You're My World
Bradfield Rec. Center, 1146 Castle Dr., Garland	Kids of the Baby Boom, I've Got My Eyes on U
Ramblin' Rounds (Phase -4-5-6)	Theron and Christine Hixson
Wednesday, 7:00-9:00 pm	There's A Time for Everything, La Gloria, Send
Churchill Recreation Center, Dallas	In the Clowns, Summer of Our Love, Wendy

NATIONAL CAROUSEL COMMITTEE CURRENT POPULAR DANCES

www.danceurdc.org

1. Carnival	IV	Rumble	9. Afro Cubano	V	Noble
2. Forrest Gump	V	Moore	10. Am I Blue	IV	Slater
3. A Wink & A Smile	V	Rumble	11. Boulevogue	VI	Lamberty
4. And I Love You So	V	Childers	12. Hello Memory	IV	Shibata
5. Dark Waltz	VI	Vogt	13. I've Got You Undr...Skin	VI	Goss
6. Last Night Cha	V	Warlock	14. My Heart Will Go On	IV	Vogt
7. La Barca	V	Goss	15. Papillon	VI	Lamberty
8. Waltz in A Flat	VI	Goss	16. Safronia B	VI	Rumble

IMPORTANT UPCOMING HARVEST HOLIDAY EVENTS

All to be held at Swingtime Center, Anglin Drive, Fort Worth

September 9, 2007 -- 2:00 p.m. – Fun Dance

September 30, 2007 -- 2:00 p.m. – Fun Dance II

October 14, 2007 -- 2:00 p.m. – Fun Dance

November 11, 2007 – 1:00 p.m. – Harvest Holiday Meeting

2:00 p.m. – Fun Dance

November 19-22, 2007 -- Trail End Dances – Every Night 7:30-10:00

November 20-22, 2007 – Morning & Afternoon Impromptu Teaches

November 23-25, 2007 – Harvest Holiday Round Dance Festival

December 9, 2007 – Fun Dance