

THE RED TOWER

Rhythm/Phase: Bolero, Phase V
Choreographers: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
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Release Date: October 11, 2017
Music: "The Red Tower " by Diane & David Arkenstone
Album: The Best Of David & Diane Arkenstone, Track 5
Download: iTunes
Time/Speed: Downloaded file: 4:32 Edited to 3:38 Speed: Slow to 42 "rpm" in DM (about -6.6 %).
Note: Music has been edited. Contact choreographer.
Footwork: Opposite throughout (*Lady as noted in parentheses*)
Timing: SQQ unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average Note: This dance contains all of the Roundalab phase 5 Bolero figures.
Sequence: INTRO, A, B, A(Mod), C, A, B, ENDING

INTRODUCTION

1-4 WAIT 2X;; SUNBURST; LUNGE BREAK;

- 1-2 {Wait} M fc prtnr & Wall with trail ft free for both, hands down at sides - Wait thru lead-in & 2 measures ;;
---- 3 {Sunburst} Raise arms straight up (no wt chg), slowly lower arms out and down thru rest of measure, - , - ;
S, -- 4 {Lunge Break} Joining lead hands Sd & fwd R, - , extend left leg to sd & bk, rise & draw left leg partially in ;
(SQQ) (*Sd & bk L, bk R w/ contra check-like action, rec fwd L ;*)

PART A.

1-4 START A TURNING BASIC; OPENING OUT; PREPARE AIDA; AIDA LINE - SWITCH & REC;

- 1 {Start Trn Basic} Blending to CP Sd L, - , turning LF slip bk R, fwd L to CP-COH ;
S, -- 2 {Op Out} Blending to low BFLY sm Sd R comm RF body rotation, - , lower and ext left ft to the side,
rise & rotate LF to low BFLY Pos-COH ;
(SQQ) (*Sd & bk L w/ RF body rotation, - , XRIB lowering, rec fwd L to low BFLY ;*)
3 {Start Aida} Sd L, - , thru R twd RLOD, comm RF turn bk & sd L ;
4 {Aida Line-Switch-Rec} Finish RF turn Bk R into aida line, - , bringing lead hands thru sd L to fc prtnr, rec R ;

5-8 LADY SPIRAL TO CROSS BODY; NY; SIDE w/ARMSWEEP & ROCK 2 TO HANDSHAKE; OPEN BREAK-LADY TURN LEFT TO VARSOUV-WALL;

- 5 {Spiral X-Body} Sd & bk L comm LF turn, - , bk R cont LF turn, finish turn fwd L to fc prtnr & Wall ;
(*Fwd R spiraling LF 7/8, - , fwd L trng LF, bk R finish turn to fc prtnr ;*)
6 {NY} Sd R, - , trng RF to LOP-RLOD check thru L, bk R trng LF to fc prtnr ;
7 {Sd-Rk 2} Sd L sweeping trail arms up & thru, - , rk sd R sweeping trail arms out, rk sd L joining rt hands ;
8 {Op Brk-W Turn to Vars} Sd R, - , bk L comm leading W to turn left, rec R blending to Varsov pos-Wall ;
(*Sd L, - , bk R, fwd L comm trng LF to Varsouv pos-Wall ;*)

9-12 SWEETHEARTS 2X;; SWIVEL HER TO FACE & ROCK 2; CONTRA BREAK;

- 9-10 {Sweethearts} Sm sd L, - , chk fwd R shaping to prtnr, rec L ; Sd R, - , chk fwd L shaping to prtnr, rec R ;
(*Finish turn Sd R, - , check bk L, rec R ; Sd L, - , check bk R, rec L ;*)
11 {Swivel-Face} Keeping rt hands joined Sd L leading W to swivel to fc, - , rk sd R, rk sd L ;
(*Fwd R swiveling RF to fc prtnr, - , rk sd L, rk sd R ;*)
12 {Cont Brk} Sd R, - , fwd L w/ contra check-like action, rec bk R ;

13-16 SPOT TURN; FWD BASIC; CUDDLES 2X;;

- 13 {Spot Turn} Sd L trng LF to fc LOD, - , fwd R twd LOD trng 1/2 LF, fwd L compl LF trn to fc prtnr ;
14 {Fwd Basic} Blending to CP sd R, - , fwd L checking, rec bk R ;
15-16 {Cuddles} Sd L w/ left sd stretch leading W to open out, - , sd R w/ rt sd stretch, rec L leading W to CP ;
Sd R w/ rt sd stretch leading W to open out, - , sd L w/ left sd stretch, rec R leading W to CP ;
(*Sd R w/ rt sd stretch trng 1/2 LF, - , bk L w/ left sd stretch, rec R chg to rt sd stretch trng 1/2 RF to CP ;*)
(*Sd L w/ left sd stretch trng 1/2 RF, - , bk R w/ rt sd stretch, rec L chg to left sd stretch trng 1/2 LF to CP ;*)

PART B.

1-4 SPOT TURN (TO HANDSHAKE); HALF MOON;; CONTRA BREAK;

- 1 {Spot Turn-H'Shk} Repeat Part A meas 13 and join rt hands ;
- 2 {Half Moon} Sd R turning to fc RLOD shaping to prtnr, -, chk thru L, rec bk R to fc prtnr ;
- 3 Sd & fwd L comm LF turn, -, bk R cont turn, fwd L to fc prtnr & COH still in rt-handshake ;
(Sd & fwd R, -, fwd L turning LF in front of M, finish turn bk R to end fc prtnr ;)
- 4 {Contra Break} Facing COH Repeat Part A meas 12 ;

5-8 SHADOW BREAK w/ MAN'S HEADLOOP; BOLERO WALK 3 (JOINING LEAD HANDS); HORSESHOE TURN ENDING; FWD BASIC;

- 5 {Shad Brk-Headloop} Sd L turning RF & shaping to prtnr, -, sm bk R bringing rt hands over M's head, rec fwd L to Left Half-Open-LOD ;
(Sd & fwd R turning LF, -, bk L bringing rt hands over M's head, rec fwd R to fc LOD ;)
- 6 {Bolero Walks} Toward LOD Fwd R, -, fwd L, fwd R joining lead hands to LOP pos-LOD ;
- 7 {Horseshoe Turn Ending} Raising lead hands Fwd L comm LF turn, -, fwd R comm LF circle walk around W, fwd L finish circle walk to fc prtnr & Wall ;
(Sm Fwd R comm RF turn, -, fwd L comm RF circle walk, fwd R finish circle walk to end fc prtnr ;)
- 8 {Fwd Basic} Blending to CP Repeat Part A meas 14 ;

PART A (MOD).

1-7 START A TURNING BASIC; OPENING OUT; PREPARE AIDA; AIDA LINE - SWITCH & REC; LADY SPIRAL TO CROSS BODY; NY; SIDE w/ARMSWEEP & ROCK 2 TO HANDSHAKE;

1-7 Repeat Part A meas 1-7 ;;;;;;

8-9 CONTRA BREAK; LADY TURN LEFT TO SHADOW- MAN TOUCH-BOTH ROCK 2;

- 8 {Cont Brk} Repeat Part A meas 12 ;
- QQ 9 {Lady Turn to Shad} Touch L to R, -, rk sd L, rk sd R ; Ends in Shadow pos-Wall.
(SQQ) (Fwd R trng LF to fc Wall, -, rk sd L, rk sd R to end in shadow-Wall ;)

PART C.

1-4 SHADOW FENCELINE; SHADOW CONTRA BREAK; SHADOW CRABWALKS;;

- 1 {Shad Fenceline} (Note: Same footwork for meas 1-4) In Shad pos-Wall Sd L, -, XRIF, rec bk L ;
- 2 {Shad Cont Brk} Sd R, -, fwd L w/ contra check-like action, rec bk R ;
- 3-4 {Shad Crabwalks} Sd L, -, XRIF, sd L ; XRIF, -, sd L, XRIF ;

5-7 SHADOW TURNING BASIC-LADY SYNC TO FACE; LUNGE BREAK; RIGHT PASS;

- SQQ 5 {Shad Trn Bas-Lady Sync to Fc} Sd L, -, turning LF slip bk R leading W to turn LF, fwd L to fc DLC ;
(S&QQ) (Sd L, -, turning LF bk R / fwd L cont turn, finish turn bk R to fc prtnr joining lead hands ;)
- 6 {Lunge Break} Facing DLC Repeat Intro meas 4 ;
- 7 {Rt Pass} Fwd L comm RF turn raising lead hands to form a "window", -, cont turn XRIB, fwd L to fc Wall ;
(Fwd R, -, fwd L comm LF turn, finish turn to fc prtnr bk R ;)

8-11 HORSESHOE TURN (TO A HANDSHAKE);; HALF MOON;;

- 8-9 {Horseshoe Turn} Sd & fwd R trng RF to LOP-RLOD shaping to prtnr, -, chk thru L, rec bk R ;
Still facing RLOD Repeat Part B meas 7 and join rt hands to fc COH ;
- 10-11 {Half Moon} Facing COH Repea Part B meas 2-3 to end fc Wall w/ rt hands joined ;;

12-15 SHADOW NY; LUNGE & ROLL 2 TO REV; LUNGE BREAK; RIFF TURN;

- 12 {Shad NY} Sd R turning to fc RLOD shaping to prtnr, -, chk thru L, rec bk R to fc prtnr ;
- 13 {Lunge-Roll 2} Lunge sd L checking, -, rel hands rec R trng RF, cont turn bk L to fc prtnr & Wall ;
- 14 {Lunge Brk} Joining lead hands Repeat Intro meas 4 ;
- QQQQ 15 {Riff Turn} Sd L leading W to spin RF under joined & raised rt hands, cl R,
Sd L leading W to spin RF under joined & raised rt hands, cl R ;
(QQQQ) (Sd & fwd R spinning 1 full turn RF, cl L, sd & fwd R spinning 1 full turn RF, cl L ;)

REPEAT PART A.

1-16 **START A TURNING BASIC; OPENING OUT; PREPARE AIDA; AIDA LINE - SWITCH & REC;**
LADY SPIRAL TO CROSS BODY; NY; SIDE w/ARMSWEEP & ROCK 2 TO HANDSHAKE;
OP BRK-LADY TURN L TO VARSOUV-WALL; SWEETHEARTS 2X;;
SWIVEL HER TO FACE & ROCK 2; CONTRA BRK; SPOT TURN; FWD BASIC; CUDDLES 2X;;

1-16 Blending to CP, repeat Part A ;;;;;;;;;;

REPEAT PART B.

1-8 **SPOT TURN (TO HANDSHAKE); HALF MOON;; CONTRA BREAK;**
SHADOW BREAK w/ MAN'S HEADLOOP; BOLERO WALK 3 (JOINING LEAD HANDS);
HORSESHOE TURN ENDING; FWD BASIC;

1-8 Repeat Part B ;;;;;;;;;;

ENDING

1-4 **TURNING BASIC;; SPOT TURN TO HANDSHAKE; CONTRA BREAK (AND STACK HANDS);**

1-2 {Trn Basic} In CP Sd L, -, bk R trng 1/4 LF, fwd L trng 1/4 LF to fc COH ;
Sd R, -, fwd L with chkg action, rec bk R ;

3 {Spot Turn-H'Shk} Facing COH Repeat Part B meas 1 ;

4 {Cont Brk-Stack Hands} Repeat Part A meas 12 and stack joined rt hands rt over joined left hands ;

5-8 **CROSS HAND UA TURN; OPEN BREAK; CROSS BODY (JOIN LEAD HANDS); LUNGE BREAK;**

5 {X-Hand UA Turn} Sd L, -, XRIB, rec fwd L ;

(Sd R comm RF turn 1/4 under joined hands, -, XLIF cont turn 1/2, finish turn fwd R to fc prtnr ;)

6 {Op Brk} Keeping stacked hands (now left over rt) Sd & fwd R, -, bk L, rec sm fwd R ;

7 {X-Body} Keeping stacked hands Sd & bk L turning LF, -, slip bk R cont turn,
finish turn fwd L end fc Wall joining lead hands ;

(Sd & fwd R, -, fwd L crossing in front of M turning LF, sd R to fc prtnr joining lead hands ;)

8 {Lunge Break} Repeat Intro meas 4 ;

9-10 **SIDE TO A HINGE; EXTEND;**

S, -- 9-10 {Sd to Hinge} Sd L comm LF body rotation, -, comm lowering on left leg & ext rt leg, - ;

---- Extend the line throughout meas as the music fades ;

(SS) (Sd & fwd R comm LF turn, -, cont turn sm bk L to fc RLOD, lowering on left leg ext rt ft twd RLOD ;

(---) Extend the line throughout meas as the music fades ;)

THE RED TOWER

QUICK CUES

Bolero - Phase 5 Choreo.: Jack & Sharie Kenny Seq.: Intro-AB-A(Mod)-C-AB-Ending Speed: 42
Music: David & Diane Arkenstone - Edited (iTunes download)

INTRO: (MAN FACING PARTNER & WALL - HANDS DOWN AT SIDES - TRAIL FT FREE)
WAIT THRU LEAD-IN & 2 MEASURES;; SUNBURST; LUNGE BREAK;

PART A: START A TURNING BASIC; TO AN OPENING OUT; PREPARE AIDA;
AIDA LINE-SWITCH & REC; LADY SPIRAL TO CROSS BODY; NEW YORKER;
SIDE WITH ARMSWEEP & ROCK 2-HANDSHAKE; OPEN BREAK-LADY TURN LEFT TO VARSOV-WALL;
FOR 2 SWEETHEARTS; ... (KEEP RT HANDS); SWIVEL HER TO FACE & ROCK 2; CONTRA BREAK;
SPOT TURN & CLOSE IT UP; FWD BASIC; INTO 2 CUDDLES;;

PART B: SPOT TURN TO HANDSHAKE; HALF MOON;; CONTRA BREAK;
SHADOW BREAK w/ MAN'S HEADLOOP (LOOK LOD);
(TRAIL FT) BOLERO WALK 3-JOINING LEAD HANDS; FOR THE HORSESHOE TURN ENDING;
(CLOSING UP) FWD BASIC;

PART A (MOD): START A TURNING BASIC; TO AN OPENING OUT; PREPARE AIDA;
AIDA LINE-SWITCH & REC; LADY SPIRAL TO CROSS BODY; NEW YORKER;
SIDE WITH ARMSWEEP & ROCK 2-HANDSHAKE; CONTRA BREAK;
LADY TURN LEFT TO SHADOW-MAN TOUCH-BOTH ROCK 2;

PART C: (LEFT FOOT) SHADOW FENCELINE; SHADOW CONTRA BREAK;
(LOD) SHADOW CRABWALKS;; SHADOW TURNING BASIC-LADY SYNC OUT TO FACE;
LUNGE BREAK; RT PASS; HORSESHOE TURN; TO A HANDSHAKE; HALF MOON;; SHAD NY;
LUNGE & ROLL 2 TO REV; TO A LUNGE BREAK; RIFF TURN;

PART A: START A TURNING BASIC; TO AN OPENING OUT; PREPARE AIDA;
AIDA LINE-SWITCH & REC; LADY SPIRAL TO CROSS BODY; NEW YORKER;
SIDE WITH ARMSWEEP & ROCK 2-HANDSHAKE; OPEN BREAK-LADY TURN LEFT TO VARSOV-WALL;
FOR 2 SWEETHEARTS; ... (KEEP RT HANDS); SWIVEL HER TO FACE & ROCK 2; CONTRA BREAK;
SPOT TURN & CLOSE IT UP; FWD BASIC; INTO 2 CUDDLES;;

PART B: SPOT TURN TO HANDSHAKE; HALF MOON;; CONTRA BREAK;
SHADOW BREAK w/ MAN'S HEADLOOP (LOOK LOD);
(TRAIL FT) BOLERO WALK 3-JOINING LEAD HANDS; FOR THE HORSESHOE TURN ENDING;
(CLOSING UP) FWD BASIC;

ENDING: FULL TURNING BASIC;; SPOT TURN TO HANDSHAKE;
CONTRA BREAK-AND STACK HANDS; CROSS-HAND UA TURN; OPEN BREAK w/STACKED HANDS;
CROSS BODY (JOIN LEAD HANDS); LUNGE BREAK; SIDE TO A HINGE; & Extend;